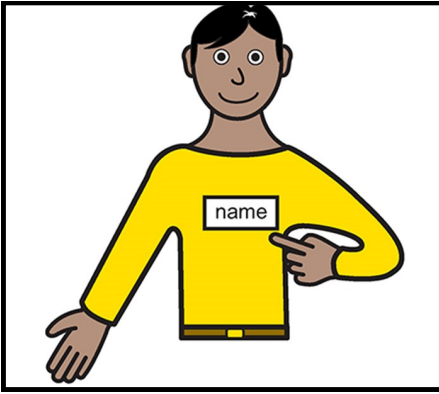
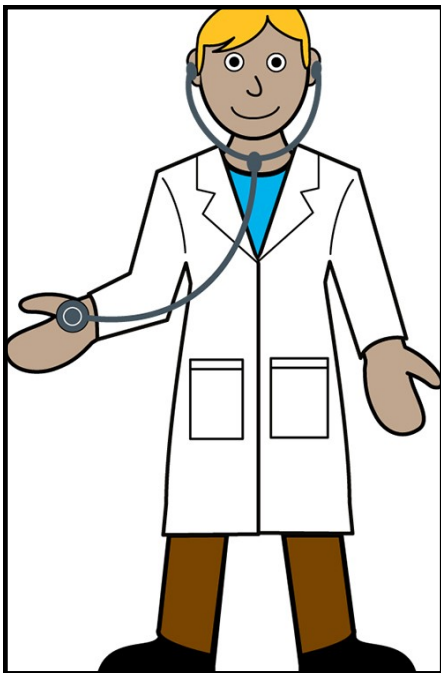


Informal Admission to a Mental Health Hospital



Your name

.....



The approved clinician in charge of
your assessment and treatment is :

.....

They are a specialist in mental
health.



You have come to a mental
health hospital called

.....

You are on..... Ward

Phone number.....



You have come into hospital as an informal patient.

This means you have agreed to come into hospital.

On the ward you will sometimes be called an informal or voluntary patient.

This is because you are not detained under the Mental Health Act.



This leaflet is to help you understand what this means.

A qualified member of staff should read through this leaflet with you.

They will be able to answer any of your questions.

Why am I in hospital?



You have agreed to come into hospital because you are unwell with

.....

The ward staff will try to find out why you are unwell through assessments.

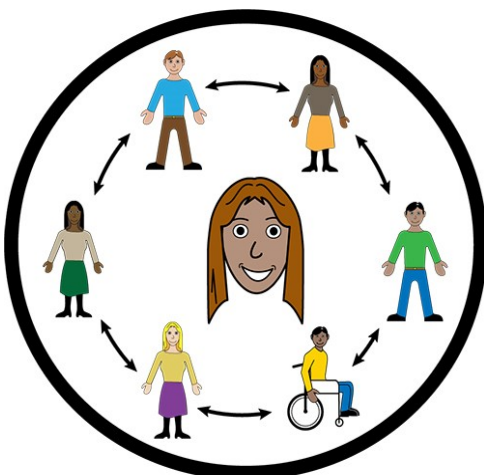
They will also offer you treatment to



You will have a named nurse who will take the lead with your hospital care.

Your named nurse is called

.....



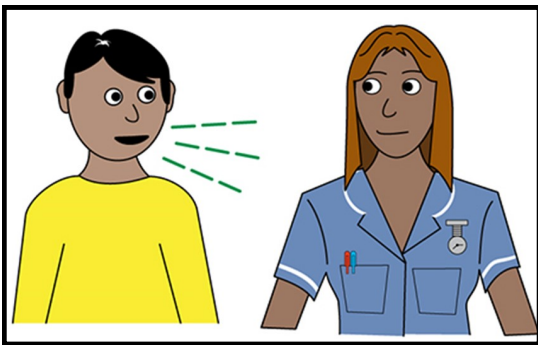
You are at the centre of your care and treatment.

You should be given information to make decisions about your treatment.

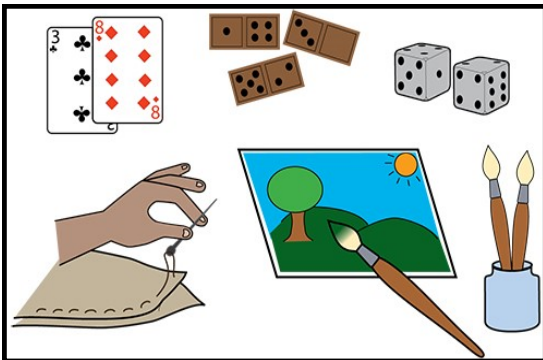
Your Responsibilities



Work with the ward staff and be involved in your own treatment plan.



Share any concerns with your treatment with the ward staff.



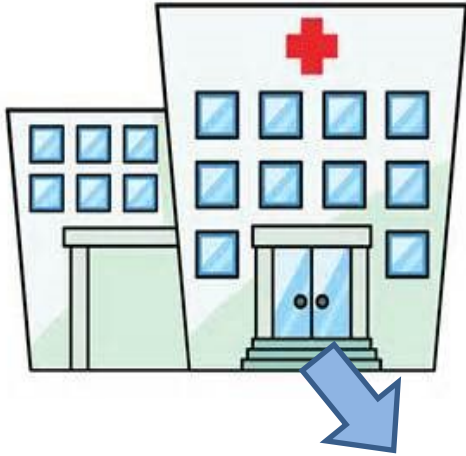
Be involved with activities on the ward.



Your case will be discussed at a weekly meeting called a ward round.

You can use this meeting to talk about how you are feeling and ask your doctor about your treatment.

Your Rights



As an informal patient you have agreed to a care plan to stay on the ward.

You have the right to leave the ward.

Even if the door of the ward is locked, the nurse will be able to open the door for you to leave.

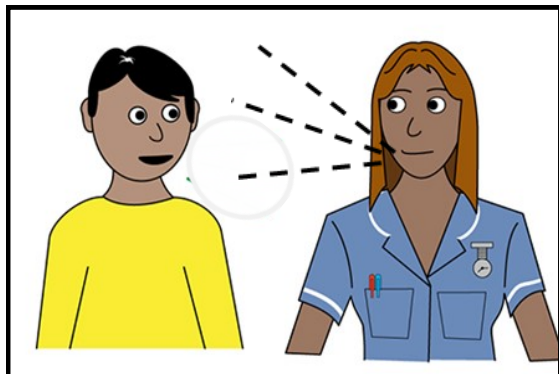


You have the right to refuse treatment, which includes medication.



If you do want to leave the ward or refuse treatment, staff would like it if you would talk to them about it.

Keeping you safe



If ward staff feel your decision to leave the ward is unsafe they will explain their concerns.

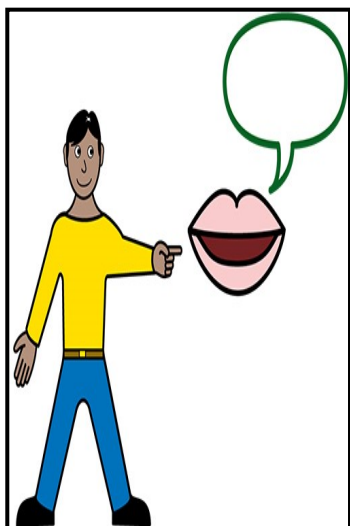


If you still want to go they may prevent you from leaving under section 5 of the Mental Health Act.

This is a last resort and should only be used if you or others would be at serious risk.



If this happens ward staff will explain the process and offer you an information leaflet explaining your rights.



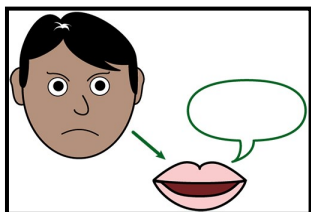
You have a **RIGHT** to an independent mental health advocate sometimes called an IMHA.

- They can help you understand your rights and treatment options
- They can help you complain
- They do not work for the hospital and will speak up on your behalf
- The service is free and confidential

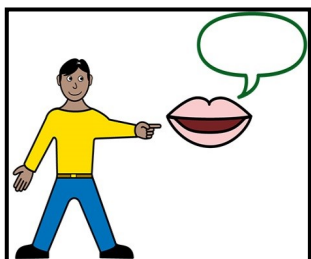
If you would like an IMHA, speak to the staff, who can give you more information.

Making a Complaint

If you are unhappy with your care whilst you are in hospital you can complain.



If you are unhappy about the way you are treated you can talk to your care team.



You can also talk to your IMHA who can help you make a complaint.



If you would like more information about making a complaint there is another leaflet to help.