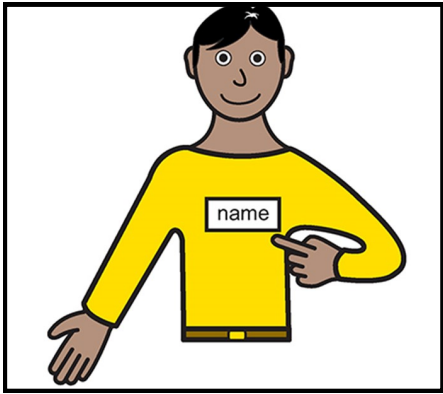


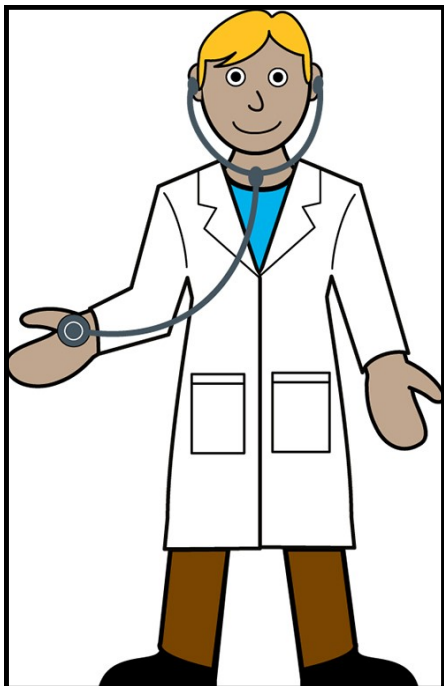
Section 5.4

Mental Health Act 1983



Your name

.....



The approved clinician in charge of your assessment and treatment is :

.....

They are a specialist in mental health.



You have come to a mental health hospital called

.....

You are on..... Ward

Phone number



Mental Health Act 1983

You have been put on section 5.4 of the Mental Health Act.



Date and time your section started

.....



This leaflet is to help you understand what this means.

A qualified member of staff should read through this leaflet with you.

They will be able to answer any of your questions.

Why have I been put on a section 5.4?



The nurses think that you are unwell and are worried about your safety because

.....

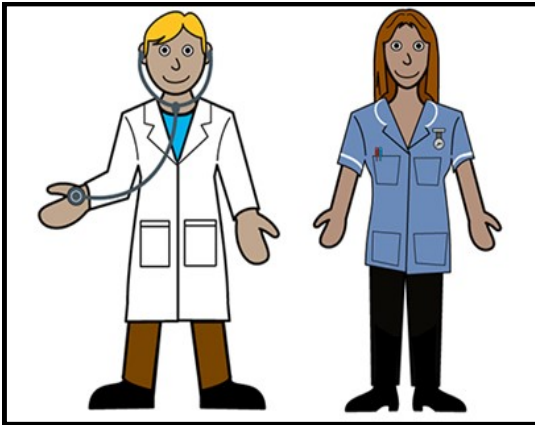
So they have put you on a section 5.4 of the Mental Health Act.



This means that you **MUST** stay on the ward.



Even if you feel the section is wrong, for now it will continue.



The ward staff want to keep you safe and give you the support you need.



Mental Health Act 1983

You can be kept in hospital because you are on section 5.4 of the Mental Health Act 1983.



The Mental Health Act 1983 is a law.

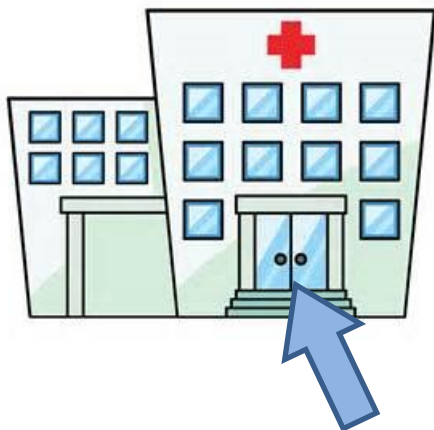
How long will I be in hospital?



You can be kept in hospital for up to 6 hours.

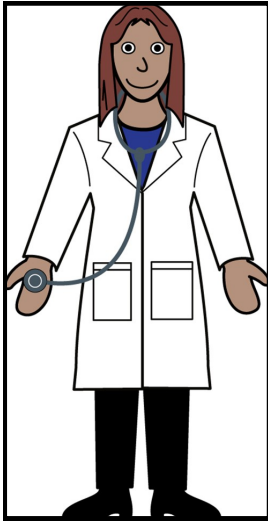


If you try to leave before the doctor says it is ok, you will be stopped.



If you leave hospital before the doctor says it is ok, you will be brought back.

What happens next?



You will be assessed by a doctor within 6 hours.

The doctor will decide if you still need to stay.

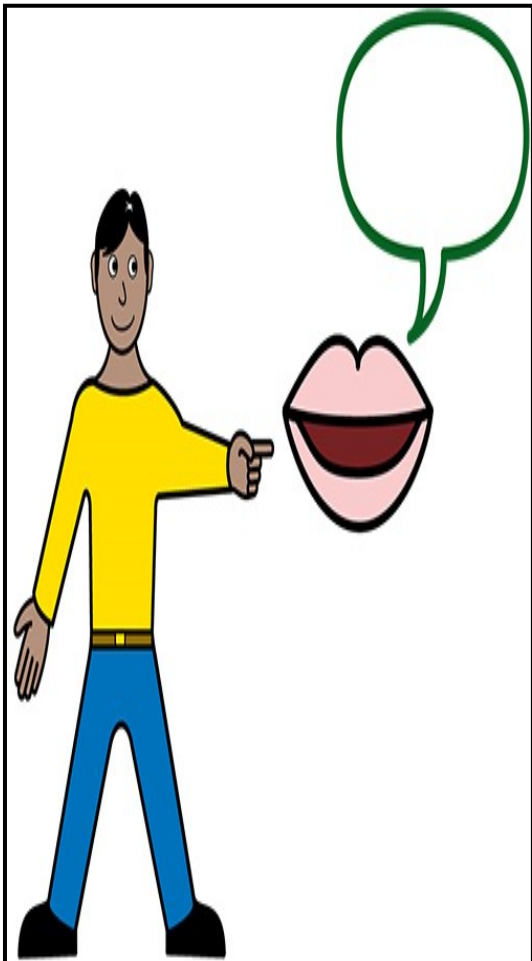


If you do need to stay your section might be changed.

You will be given another information leaflet if this happens.



If a doctor does not examine you within 6 hours you can stay in hospital or leave.



You have a **RIGHT** to an independent mental health advocate sometimes called an IMHA.

- They can help you understand your rights and speak up on your behalf
- They can help you make a complaint
- They do not work for the hospital and the service is free and confidential

If you would like an IMHA, speak to the staff, who can give you more information.