

I work in Mental Health & Learning Disabilities and I'm displaying symptoms of COVID-19... What should I do?



If you are showing signs of a high temperature or a new continuous cough you must contact your manager as soon as possible

You will need to contact Occupational Health on 01874 712 600 to notify them that you are symptomatic. They will record that you are self isolating.



You will be asked to self isolate for 7 days and report your absence to Occupational Health. If you live with others and you or one of them have symptoms of COVID-19, then all household members must stay at home and not leave the house for 14 days.

If you have been deemed to be an essential frontline worker, Occupational Health will test you for COVID-19



@MH_LD_PTHB



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STAY AT HOME

AMDDIFFYN EIN GIG



PROTECT OUR NHS

ACHUB BYWYDAU



SAVE LIVES